

# Daily Word



*A UNITY Publication*

FEBRUARY 1944

15 CENTS

# Class Thoughts

**PEACE . . .** In the name of the Lord Jesus Christ we pray for and decree a speedy victory in this world conflict, to be followed by a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

JAN. 20 to FEB. 19

**ILLUMINATION (11 a. m.):** Thou art the light of my understanding.

FEB. 20 to MAR. 19

**ILLUMINATION (11 a. m.):** The light of Christ guides me in all my ways.

**PROSPERITY (12 noon):** Love is the magnet that establishes my prosperity.

**PROSPERITY (12 noon):** My mind and all my affairs respond to the splendor of Spirit abundance.

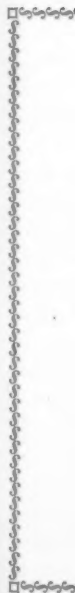
**HEALING (9 p. m.):** By the grace and love of Jesus Christ I am forgiven and healed.

**HEALING (9 p. m.):** The pure life of Jesus Christ transforms both soul and body, and I am made whole.

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# DAILY WORD

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No. 2

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Stately and tall, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

## COURAGE

*Francis J. Gable*

What need I fear if deep within  
My waiting, trusting heart  
Assurances of Godly might  
To me their strength impart?

I quail not at appearances,  
I judge by what is true;  
For though the way at times seems dark,  
God's light is shining through.

No bleak or frightening circumstance  
Can hold me in its thrall.  
No fear of man can bow my head,  
For God is all in all.

In Him I rest content, assured,  
On Him my mind is stayed;  
What then can make my courage lag  
Or make my soul afraid?

## Three Ways to God

ERNEST C. WILSON

HOW MAY a man know God?

There are at least three ways open.

*First.* We may know Him through the study of His word. "God is Spirit; and those who worship him must worship him in spirit and in truth." (Lamsa translation of John 4:24). The original text might be translated with equal authority either "Spirit" or "a Spirit," to be determined by the context. To say "a Spirit" would imply more than one Spirit, but as Jesus clearly stated, "The Lord our God is one Lord."

God is not created in the likeness of man but man in the likeness of God. See Genesis 1:26. Jesus referred to God as "Father," which again implies that man is like God, as a child is like his father. Man then, like his Creator, is spirit. We may know Him because we are like Him and because, as Paul said, God is in us.

God as Spirit is everywhere present, all-pervading, all-powerful, creator of all things visible. There could be nothing outward and visible if there were not first the inward and invisible (spirit). The form is in itself the evidence of the spirit. The order of all visible things is from within outward, as Jesus said: "First the blade,

then the ear, then the full grain in the ear."

*Second.* We may know Him through the heart. This is evidently the way that Jesus knew God best. The mental analysis of the nature of God that we find in the writings of Paul, James, and other Biblical writers is notably absent in the recorded words of Jesus. To Him God was quite simply the Father, wiser, more loving, more forgiving, more understanding than any human father. To Jesus heaven, the abode of the Father, was not afar off but at hand. Jesus had no sense of separation from God. "I and the Father are one" and "My Father worketh even until now, and I work," He said. He was one with God, not only in nearness but in purpose. "I honor my Father" and "work the works of him that sent me." "I do nothing of myself." "The Father abiding in me doeth his works."

One of doubtful heart surveying the world to-day might say: "How, if God be a loving Father, can there be so much of greed and cruelty, war and strife in the world?" The irrefutable answer to that question is another question: "How, except for a loving Father-God, can there be so much of love, of unselfishness, of heroism, courage, and faith?"

*Third.* We may know God through human experience. Zacchaeus, seeking to know Jesus, sought

Him out. He quite literally put himself in the way of Jesus by climbing into the branches of a tree that overspread the road on which he knew Jesus would approach.

Today if we comparably seek out God we shall find Him. Let a man but persistently invoke the help and guidance of God and he will find God—perhaps not by literally seeing Him but by seeing evidences of His presence and action. The mountain of human testimony to this fact in human experience is incontrovertible. The evidence for answered prayer is certainly as well established as any fact of science.

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EDITOR'S NOTE: This is the second in a series of lessons by Doctor Wilson written under the title of "First Steps in Truth." The first lesson, "The Divine Pattern," appeared in the January issue. Next month the lesson on "The Names of God" explains the meaning of various terms used in referring to Him. Succeeding lessons will cover such helpful subjects as prayer, the silence, heaven, the Christ, man, mind, thought, helping others, and other subjects of particular interest to the newer students of Truth.

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#### A BLESSING FOR THOSE IN SERVICE

*The light of God surrounds you; the love of God infolds you; the power of God protects you; the presence of God watches over you. Where you are God is, and you are safe and secure.*

# *He Is All This*

DOROTHY RUDD

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I love God so  
I often feel  
His heavenly glow.  
And when I kneel  
Before Him  
In that inner shrine,  
His voice says gently,  
"Thou art Mine."

It matters not  
Which way I turn,  
My heart seems always  
To discern  
That He is here  
And He is there,  
Pervading all,  
Dissolving care.

Yet universal though He be,  
He's very personal to me,  
And when I find the going hard  
He is my Father-Mother God.

# *I Will Keep Thee*

PRISCILLA MAY MOORE

**G**OD HAS promised deliverance from every sort of evil or danger for those who trust in Him. Concerning the Children of Israel He said to Moses: "I am come down to deliver them out of the hand of the Egyptians, and to bring them up . . . unto a good land." Here is the promise to Job: "He shall redeem thee from death: and in war from the power of the sword." The prophet Daniel gives us this promise: "Our God whom we serve is able to deliver us from the burning fiery furnace; and he will deliver us out of thy hand." In the 91st Psalm we find many assurances of deliverance and protection.

Whoever you are, wherever you are, you are precious to God. You may go anywhere, face any danger, do any task that is required of you, and prove the power of God's love and care for you. Wherever you go, take with you the promise of Jesus Christ to His disciples: "Behold, I give unto you power . . . over all the power of the enemy: and nothing shall by any means hurt you."

No matter what you are facing, take this thought with you: "The Spirit of God is my defense and my deliverance, and I am strong, steadfast, secure."

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MY FAITH IN GOD GROWS DAILY, AND HE  
BLESSES ME WITH INCREASED POWER TO DO  
HIS WORK.

EVERYONE has a great deal more faith than he realizes. Nearly everything we do is inspired and governed by faith. A farmer plants his seed in the faith that it will come up and yield a good crop. We use every known method of transportation in the faith that we will travel safely and reach our destination without accident. Every time we sit down to a meal we have faith that the food is pure and that it will nourish and sustain our body. If we did not have faith in our ability we would never attempt anything.

Since faith is the very foundation of our life, how easy it should be for us to increase our faith in God! He is the true source of all power and activity; our faith in Him enables us to work with His creative energy and thus accomplish more with less personal effort. Faith in God plus faith in ourselves gives us an unconquerable spirit and opens to us the way of life that is fully triumphant.

✱ *We are bound to give thanks to God always for you . . . for that your faith groweth exceedingly.*—II THESS. 1:3.

# Wednesday

FEBRUARY 2

GOD'S LIFE IS TRULY MINE, AND I AM ALIVE  
IN EVERY PART OF MY BEING.

**W**HEN a person realizes that the life of God is his life, he becomes at one with a living, vitalizing, healing force that quickens every part of his being. He becomes truly alive.

If a person feels that he needs more life, he has but to become more conscious of the presence of God life within him. He needs to give up the belief in a limitation of life and become aware that God lives in him. Man's life is but the life of God.

Really to live man must think life to the exclusion of all else. There must be no thoughts of insufficiency of life left in his mind. He must clear from consciousness all belief in death.

Man truly begins to live when he identifies himself with the Christ life within himself. Even as Jesus identified Himself with His indwelling Father, so man can lay hold of the same wellspring of life.

✿ *He that raised up Christ Jesus from the dead shall give life also to your mortal bodies through his Spirit that dwelleth in you.—ROM. 8:11.*

I AM NEVER DISCOURAGED, FOR GOD IN ME IS THE SOURCE OF UNFALTERING COURAGE.

THERE are two unfailing cures for discouragement. First, the cure of faith and prayer. When we seem to have lost our confidence and feel that the odds are against us, we can quickly regain our courage and strength by turning immediately to God in prayer, remembering that His power in us is mightier than any circumstance or condition we may have to meet. Prayer helps us to gain faith in God's ultimate plan for good and to see His wisdom and love and power at work in our life and affairs.

A second cure for discouragement is activity, the doing of something that will be of definite benefit to ourselves and others. In these days there are many opportunities for self-expression and for loyal, interested, unselfish service to others. We can live as fully, courageously, and joyfully as Jesus did if we pray and then work, acting upon the inspiration we receive in prayer. Activity and service bolster our inner confidence and optimism.

*So that with good courage we say,  
The Lord is my helper; I will not fear.*

—HEB. 13:6.

## Friday

FEBRUARY 4

AS I PRAY AND MEDITATE GOD REVEALS TO ME THE WAY TO MY HIGHEST PROSPERITY AND SUCCESS.

GOD HAS not only promised His children all the riches of His kingdom; He also sent His only-begotten Son to show us the way to lay hold of our good through faith and prayer. One of the principles taught by Jesus Christ was that substance is increased through praise and blessing. He blessed the loaves and fishes and fed a multitude, because He knew that there is no lack in Spirit and that substance is infinite.

He had complete faith that beyond what was immediately at hand there was an unseen abundance that needed only to be recognized in order to be made manifest. So we know and believe. As we praise that which we consciously see let us realize the unseen bounty that can be and is made manifest as we recognize its presence and call it into being. We can liken this unseen substance to a great storehouse to which we have access freely and easily by speaking the word of Truth.

☛ *Then thou shalt make thy way prosperous, and then thou shalt have good success.—JOSH. 1:8.*

GOD THE FATHER IS MY STRONG HELP NOW  
AND ALWAYS.

MANY persons are asking the question "Where is God now?" believing that He has deserted His people in time of trouble. Such an idea is the result of a wrong conception of God. He is not merely a peace-loving God who has nothing to do with war. He is present just as much in the grim struggle on the battlefields of the world as He is in the most devout heart and in the most peaceful home in the world.

God is a God of love and mercy and justice. He is fearless enough and compassionate enough to be with us in every trial or emergency, to go with us wherever duty calls. In bright days or dark, in joy or sorrow, in sunshine or storm, God is our strong unfailing help. His love infolds us; His strength upholds us; His power defends and delivers us.

Let us rejoice and be exceedingly glad that God is our strong help now and always!

*Jehovah is my rock, and my fortress, and my deliverer;  
My God, my rock, in whom I will take refuge.*

—PSALMS 18:2.

I REJOICE IN THE KNOWLEDGE THAT I AM  
A BLESSED CHILD OF GOD.

**G**OD is my Father. I am His child. I belong to Him. I have been His from the beginning, and I shall be His eternally. "For I am persuaded, that neither death, nor life . . . nor things present, nor things to come, nor powers, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."

I rejoice that I always have the warmth of God's love to infold me, the light of His wisdom to guide me, the strength of His presence to uphold me. I rejoice that I am never alone, that God is always with me to enrich my life with good.

I rejoice that what is true of me is true of all other persons. By continually realizing my divinity and living up to the best that is in me I inspire others to do the same. Thus I help to raise the standard of the whole world, and everyone is brought closer to the goal of Christlike perfection.

I rejoice that as a child of God I am eternally guided, guarded, and blessed.

✿ *The Spirit himself beareth witness with our spirit, that we are children of God.*—ROM. 8:16.

FEBRUARY 7

## Monday

I CAN SOLVE EVERY PROBLEM, BECAUSE I AM  
ONE WITH INFINITE WISDOM.

JESUS CHRIST promised us that we could do all the things He did and even greater things. He knew that each of us has within himself the Spirit that makes us one with the great well-spring of divine wisdom, that we can call upon this source of wisdom at any time, and that therefore guidance will be given us in solving our problems.

God never puts any insurmountable obstacle in our path. It may seem so at times, but that is only because momentarily we do not realize that the answer to our problem is at hand. We have but to contact the inner wisdom in order to draw forth the solution.

Every problem has but one solution and one means of solution: God. And it is very easy to lay hold of this solution. All we need to do is to turn within and present our problem to Him; then trust Him to enlighten our mind with His wisdom and to guide us lovingly. Then we can go forth courageously and victoriously.

☛ *For to the man that pleaseth him God giveth wisdom, and knowledge, and joy.—ECCLES. 2:26.*

Tuesday

FEBRUARY 8

I GRATEFULLY ACCEPT MY GOOD NOW, AND  
THANK GOD FOR IT.

**D**URING this time of readjustment and reconstruction we need to realize constantly that God is with us and that good is at work in our life and affairs. No matter what our situation may be, it contains good for us if we approach it in the right way. If we do not rebel or resist or condemn things as they seem to be, we shall find whatever blessing God has in store for us by making present circumstances open to us a new and better life.

We need to remember that scenes and times and circumstances change, but that God is eternal and unchanging. His good also is eternal and unchanging. It is at hand now. If we look for the good and continually give thanks for every form of good that comes to us, we shall experience such a blessing "that there shall not be room enough to receive it." We shall find good in all things, all persons, and all circumstances and make them yield us a rich harvest of blessings.

*Acquaint now thyself with him, and be at peace:  
Thereby good shall come unto thee.*

—JOB 22:21.



THE JOY OF THE LORD WELLING UP WITHIN ME CAUSES ME TO THINK JOYFUL THOUGHTS AND TO RADIATE JOY TO ALL WHOM I MEET.

I AM ONE with the joy of the Lord. I sever all connection with depression, gloom, and sorrow. I cease to be sad. I know that as a son of God my duty is to express the joy of my Father. His joy fills me completely.

The joy that wells up within me is the joy that comes from knowing God. It is the joy that emanates from Spirit. I joy in my knowledge of Truth. I rejoice to know that God is my light, my peace, my life, my substance of plenty.

How can I lack joy when the presence of God as Spirit within me fills me with joy? How can I ever miss His presence when He is ever with me, filling me with joyful thoughts and joyful ideas? His joy causes my heart to be light and my body to be filled with the very presence of healing.

The perfect joy of Spirit fills me and infolds me. I live in the presence of joy, and at all times and under all circumstances I am joyful.

♣ *The meek also shall increase their joy in Jehovah, and the poor among men shall rejoice in the Holy One of Israel.*—ISA. 29:19.

# Thursday

FEBRUARY 10

THIS DAY I DO THE WILL OF MY FATHER.

JESUS often referred to His Father's will. This conveys the sense of His obedience to the will of Spirit within, much as a person is obedient to a parent. It also carries the sense of the child's not having responsibility, having placed it all upon the parent whom he obeys.

Today live as Jesus lived and feel that your every act is in conformity with spiritual law. Feel that through your will all the energy of the higher forces is being utilized. Into your body and into all your affairs this powerful thought will be directed. Your success in using your will in this way depends upon your actually realizing and knowing that you are doing the will of the Father within.

Will that abounding health pervade your body.  
Will that bountiful prosperity fill your business.  
Will anything that is good.

Do the perfect will of the Father in your relations with people. Be kind and loving and noble toward them. Will health and prosperity for those who come to you for help.

• *The will of the Lord be done.*—ACTS 21:14.

I ABIDE DAILY IN THE FAITH THAT GOD  
LOVES ME AND CARES FOR ME.

THE realization that God is my loving Father and that He cares for me gives me strength and courage beyond measure. To know that I am a child of the Most High God and that He who created me ever watches over me with loving interest thrills me through and through.

Even though I may have to enter upon dangerous undertakings and come face to face with perilous experiences, I know that nothing can harm me, for God cares for me. The impenetrable walls of His love surround me, barring every menacing thing. As a child trusts its mother for shelter and protection against the storms of life, so I trust God my Father to guard me and protect me. I know that wherever I go and whatever duties I enter upon, God's presence goes with me to shield and strengthen me.

I abide daily in the faith that God's loving-kindness and tender mercies are ever with me. I take refuge in the blessed knowledge that He loves me and cares for me eternally. In His love I am safe and secure.

✿ *He careth for you.*—I PET. 5:7.

I PRAISE AND BLESS THE GOODNESS OF GOD  
IN ALL PERSONS, THINGS, AND CIRCUM-  
STANCES.

IT is a natural impulse of our being to respond to the good wherever and whenever we see it. It is easy to express praise or approval when we are pleased with something or someone. The way of Truth however is to praise and bless the goodness of God in all persons and all situations, whether it is apparent or not.

Sometimes our vision is not clear enough to see all the good present in ourselves, in our neighbor, or in the world, so we should begin by praising and blessing the little good that appears. We should strive to look beyond what we can see, to the greater good that is always there.

We can always be sure of the inner presence of God's goodness, no matter what the outer appearances try to tell us. It is easy to discount human imperfections when we look for the Christ in our fellow men. Every circumstance will contribute to our welfare if we see the good in it.

*I will bless Jehovah at all times;  
His praise shall continually be in my mouth.*

—PSALMS 34:1.

I AM ETERNALLY UNIFIED WITH GOD  
THROUGH JESUS CHRIST.

IF WE really want to understand who and what God is, we need only become familiar with the life and character of Jesus Christ as they are portrayed in the four Gospels. When the disciple Philip came to Jesus and said, "Lord, show us the Father," Jesus answered him, "he that hath seen me hath seen the Father."

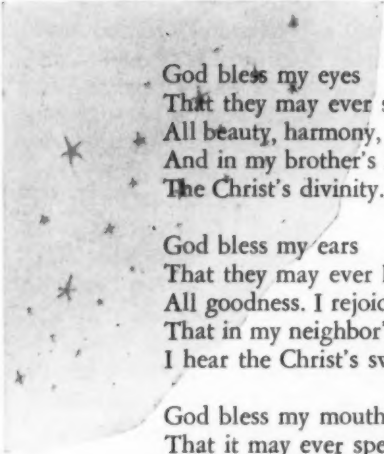
Jesus understood and trusted God so fully that He became Godlike in character, purpose, and expression. He was always aware of the Father's presence and acknowledged divine help in all things: "The Father that dwelleth in me, he doeth the works." Being God's Son, Jesus Christ could not do otherwise than express the nature and power of His Father in thought, word, and act.

When we know and understand Jesus Christ we know and understand God. Then we realize our unity with Him through Christ, and we too assume His nature in character, purpose, and expression. Through this unity we have unlimited ability to undertake and to accomplish all things.

✿ *I am in my Father, and ye in me, and I in you.*—JOHN 14:20.

# Prayer of the

FRANCIS SIMPSON



God bless my eyes  
That they may ever see  
All beauty, harmony,  
And in my brother's face  
The Christ's divinity.

God bless my ears  
That they may ever hear  
All goodness. I rejoice  
That in my neighbor's call  
I hear the Christ's sweet voice.

God bless my mouth  
That it may ever speak  
The Truth to set men free,  
To cheer my friend, to comfort him;  
Christ's voice speaking through me.

God bless my soul  
May it ever be  
Worthy as Christ's telling place  
May I live my life on earth  
Filled with my Father God's in-

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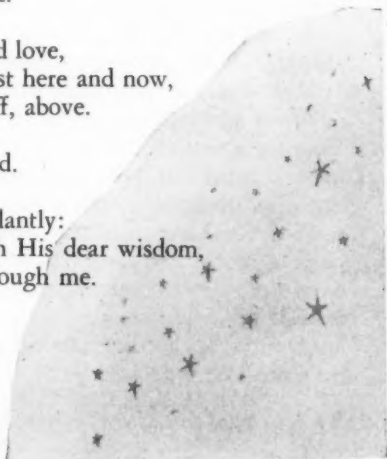
ANC SIMPSON

God bless my feet.  
May they ever walk  
In paths of harmony and peace,  
Following in Christ's footsteps;  
From pain and stumbling know release.

God bless my heart.  
May it ever beat  
With tolerance and love,  
Knowing the Christ here and now,  
Not somewhere off, above.

God bless my mind.  
May I ever think  
Of all good abundantly:  
Christ's mind, with His dear wisdom,  
Proving Truth through me.

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e  
Christ's dwelling place.  
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y Father God's infinite grace.



# Monday

FEBRUARY 14

THE LOVE OF CHRIST NOW QUICKENED IN  
ME MAKES ME LOVING AND KIND TOWARD  
ALL PERSONS.

LOVE is ever supreme and victorious in any unloving situation. No unkind or hateful thought can dominate us when we are filled with the love of Christ. Nothing contrary to Christ and His love can affect us when we are established in Him and in His love.

The love of Christ becomes our love when we have expelled every unloving thought from our consciousness. His love is ours when our whole thought is centered upon Him. We abide in His love when He is uppermost in our thought.

When you are inclined to be unloving, turn from the object of your unkindness to Christ. Turn from that which appears to cause you to be unloving to that which has power to quicken love within you. Turn from the consciousness of hate or fear to the consciousness of love. When you have a problem of unkindness to solve, first divest it of its personal nature.

Live this day in the consciousness that you love the Christ in all persons.

✿ *I have loved thee with an everlasting love.*—JER. 31:3.



I ACT PROMPTLY AND UNQUESTIONINGLY  
UPON THE INSPIRATION I RECEIVE FROM GOD.

THE practical Truth student is one who prays and then acts upon the inspiration he receives. He is always aware of his great responsibility to be about his Father's business.

It is good to meditate often upon the eternal verities, but the inspiration we receive from meditation is of little value to ourselves or anyone else if we do not act upon it as directed by the Father. James tells us that "faith, if it have not works, is dead." Faith or inspiration alone cannot accomplish anything. It must be linked to the creative energy and activity of God that is ever working in and through His children, and made to produce some tangible result.

Everything constructive or worth while that we do springs from God-given inspiration, whether we recognize it as such or not. The way to the greatest happiness, self-expression, and success is to pray often and then act promptly and unquestioningly upon the inspiration we receive from our Father.

☛ *My Father worketh even until now, and I work.*  
—JOHN 5:17.

# Wednesday

FEBRUARY 16

I JOYOUSLY FOLLOW THE WAY OF TRUTH  
AND FIND ITS BLESSINGS ON EVERY HAND.

THERE is no such thing as a magical process by which we can gain blessings. To believe that some goddess of "luck" or "chance" will produce good for us is to believe in a power that does not exist. Such belief leads only to disappointment and failure. When we receive blessings by what seems to be a magical route, they come because we have consciously or unconsciously worked with the law that produces good, the law of Truth.

Truth is that which is eternally true and unchangeable, as the nature of God is true and unchangeable. It does not lend itself to anything but logic, order, and the creation of good. It can be used only by those who seek to be good, to see good, and to do good.

We intuitively know Truth. It is the law that is written in our heart, in our "inward parts," and when we follow its inspiration, instruction, and guidance, we are led into our blessings easily, naturally, joyously, and completely.

♣ *I have chosen the way of truth.*—PSALMS 119:30 (A. V.).

FEBRUARY 17

## Thursday

I AM ALWAYS CHEERFUL AND COURAGEOUS,  
BECAUSE CHRIST IN ME IS STRONG AND  
UNAFRAID.

FROM the human standpoint there were many occasions in the life of Jesus when He had little occasion to be cheerful. Yet in hours of tribulation, persecution, denial, and betrayal, He repeatedly comforted and encouraged His disciples by telling them to "be of good cheer."

Jesus was always cheerful because He knew that God the Father was with Him, ready to help Him meet and overcome all the trials and temptations of the world. He had fully committed Himself to the way and the will of the Father, and He therefore had divine strength and an inner joy that the experiences He had to meet could not destroy.

Because the Christ Spirit dwells in us we too can be cheerful at all times and under all circumstances. Cheerfulness generates strength and courage, power and blessing, so that not only are we lifted up in spirit, but we also exert a definite influence for good upon everyone around us. A cheerful spirit works miracles.

♣ *Be of good cheer.*—JOHN 14:27.

I THANK AND BLESS JESUS CHRIST FOR THE  
GIFT OF CALMNESS.

THE gifts of Jesus Christ to humanity are many, and perhaps one of the greatest is the gift of calmness, the power to be still in the presence of inner or outer storms, and to see the goodness of God at work.

When the frightened disciples awakened Jesus and He stilled the storm on the sea, He was not so much concerned with rebuking the violent waves as He was with stilling the storm of fear that had seized His beloved companions. Even as He quieted the angry waves, He bestowed upon His disciples a feeling of security and assurance in the midst of danger. He restored their faith in the power of His presence to protect and guard them from harm.

Many of the storms we are experiencing today would frighten us indeed if we did not have the Christ gift of calmness to sustain us. But to every tempestuous thought, to every fearful report, to every disturbing situation we can say on the authority of our Christ self, "Peace, be still," and see it immediately subside.

✿ *He maketh the storm a calm.*—PSALMS 107:29.

I CALL UPON THE LORD TO BLESS MY HOME,  
TO PROSPER, TO GUIDE, AND TO PROTECT ALL  
WHO ENTER IT.

**M**Y HOME is eternally blessed, because within its four walls dwells the spirit of the Prince of Peace. His protecting presence infolds this dwelling, and no harm can come within its gates. His love fills every nook and corner, making my home a place of joy and gladness, a radiant place, shining with the true light of love, integrity, and good fellowship. His bounty is poured into my coffers in unlimited supply. His life blesses me with wholeness and perfection. His kindly Spirit in those who live here and those who enter here unites all in a spirit of brotherhood, understanding, and harmony.

Whether I am at home or for a time separated from it by great distances, my heart is at peace as far as it is concerned. For as I speak my word of blessing for it each day, God's love moves swiftly to watch over and strengthen my dear ones, to maintain order and peace and the true spirit of home until we are reunited.

♣ *As for me and my house, we will serve Jehovah.*  
—JOSH. 24:15.

## THE LIGHT OF CHRIST GUIDES ME IN ALL MY WAYS.—UNITY CLASS THOUGHT.

**W**HEN Christ, speaking through Jesus, declared, "I am the light of the world," He forever put darkness to rout and revealed to us the divine source of illumination and wisdom that is always at our command.

Christ is the light of the world, the light of our world, the light of and for every man coming into the world. It matters not what our station in life may be, for His light shines for us as our eternal guide. It matters not whether we have much or little learning, for His guidance is ours whenever we seek it sincerely and in humbleness of mind and heart.

If we would walk in ways of pleasantness and peace, the Christ light will reveal them to us. If we would grow in spiritual stature and strength the Christ light will direct us in the way that we should go. If we would have greater health and prosperity, the Christ light will illumine us so that we can draw them from the great source of all life and substance. The light of Christ guides us in every department of our life.

☛ *I am the light of the world.*—JOHN 8:12.

MY MIND AND ALL MY AFFAIRS RESPOND TO  
THE SPLENDOR OF SPIRIT ABUNDANT.—UNITY  
CLASS THOUGHT.

ONE OF THE glorious truths that Jesus Christ taught, and that we still understand only imperfectly, is that God, Spirit, is a plenteous God, in whom there is no lack, no shortage, only unlimited abundance.

When we see in the daily newspapers alarming reports about food shortages, high prices, and economic maladjustments of all kinds, we might easily become alarmed if we did not resolutely turn away from these "facts" to the truth that God is abundant supply for every human need.

God is not a God of shortages; God is the God of plenty, of opulence. God did not create lack; and since He did not create it, it is not binding upon us, His children.

Let us now, this moment, direct our attention to the truth that God is substance. Let us behold this substance as unlimited, infinitely abundant, plenteous. Our mind and affairs will respond to it, and every need will be met gloriously.

☛ *Lift up your heads . . . and the King of glory will come in.*—PSALMS 24:7.

## Tuesday

FEBRUARY 22

THE PURE LIFE OF JESUS CHRIST TRANSFORMS BOTH SOUL AND BODY, AND I AM MADE WHOLE.—UNITY CLASS THOUGHT.

IN THE book *Jesus Christ Heals* Charles Fillmore says: "Jesus knew how to quicken with new life the cells of His organism, and He promised that all who follow Him will do likewise. . . .

"Jesus spent whole nights in prayer, according to the Gospels, and it is quite evident that He was resurrecting His body by realizing, as we do in our prayers, that God was His indwelling life."

Jesus Christ taught and proved that the life of God is perfect, deathless, and enduring, and He made Himself one with that life through constant prayer. But He did not do so merely to demonstrate a principle; He became one with God life so that we who believe in and on Him might have and show forth that life. He pointed the way to health.

Speak the prayer for today with faith, in the firm conviction that it is meant for you. You will witness a veritable transformation of both soul and body and be made whole.

☛ *Because I live, ye shall live also.*—JOHN 14:19.



## *Resolutions*

**N**EW-YEAR resolutions are fun to make but usually hard to keep. They are hard to keep because as a rule we have no urgent incentive to keep them, no formula to follow in making them realities. Within a week or a month most of us revert to old habits of thinking and acting.

With the coming of the Lenten season however we are offered a perfect opportunity to put into practice many of the resolutions that we as Truth students have most certainly always intended doing. This year we all have a real incentive for giving thought to the spiritual side of Lent, for we want not only to strengthen our own faith and the consciousness of courage, faith, and love that builds toward peace, but also to be of increasing spiritual help to our loved ones, near and far.

The easiest and surest way to increase in spiritual understanding and strength is to make a day-by-day practice of letting go of old thought habits; by abstaining from thoughts that bring unhappiness, illness, discouragement, and other forms of misfortune to ourselves or to others; and by laying hold of new ideas of life, courage, peace, love, power, supply, and other divine qualities.

The matter of acquiring a new consciousness of

Truth is not a strenuous ordeal. Just as easily and as truly as sunlight, entering a dark room, supplants the darkness that filled it a moment before, so the knowledge of the truth about our health, happiness, protection, and supply supplants all previous conceptions, provided we willingly let go of the misconceptions. It is only when we stubbornly hold onto some theory of lack, or when forgetfulness turns our thoughts into old channels instead of holding us true to the right vision, that we experience any difficulty in making our overcomings.

This year Lent begins with Ash Wednesday, February 23. The DAILY WORD lessons for the entire Lenten period are especially planned to help in a day-by-day practice of loosing from consciousness old limiting ideas or thought patterns and of acquiring in their stead a strong, helpful, new realization of Truth.

Those of you who are separated for a time from your loved ones and those of you who are in the service will find this daily drill particularly helpful, for as you consecrate yourselves to this special period of study and prayer, you will realize more surely than ever before that God is with you, that He is with your dear ones, and that in His omnipresent Spirit you are forever unified, guided, protected, and blessed in every way.

TURNING FROM ADVERSE BELIEFS, I AM IMMERSSED IN THE GOODNESS OF GOD.

REPENTANCE is a turning away from things that no longer satisfy and a turning to God within. It is purely a change in consciousness. Freed from the emotion of penitence often attributed to it, repentance is but a change of vision.

The individual desiring healing must first repent of sin; he must turn from worry, doubt, hate, fear, sorrow. Having consciously given up negative beliefs, he prepares himself for the baptism of Spirit.

"Repent ye, and be baptized." Repentance is an active process on the part of the individual, but he becomes passive to spiritual baptism. The Spirit of God within is not compelled by man to pour out its baptism; the Spirit baptizes when man becomes passive to it.

Man becomes immersed in spiritual blessings when he is baptized by Spirit. He becomes conscious of peace, health, and abundance. These are his rewards for repentance.

☛ *Turn and repent, and leave a blessing behind.*—JOEL 2:14.

# Thursday

FEBRUARY 24

I AM NOT A CHILD OF SIN, DISEASE, MISFORTUNE, OR LACK. IN THE INNERMOST PART OF MY BEING I REALIZE THAT I ALWAYS HAVE BEEN, AM NOW, AND ALWAYS SHALL BE A SON OF GOD.

**T**ODAY I give up all belief that I was born in sin, am subject to disease, or am doomed to lack and failure. I am not bound to inherit any limitations of my physical parents. I am not called upon to be subject to the frailties of fleshly heredity. I accept the truth of my divine sonship.

As the son of God I am heir to the wisdom, harmony, love, and life of God. All that my Father has is mine. His blessings are constantly bestowed upon me, His son. Heir to His kingdom of perfection, I lay hold of my spiritual heritage.

The truth of my divine sonship is my passport to all things good and heavenly. I am inseparably joined to the riches of God. Nothing can sever my connection with my Father. I cannot lose sight of my spiritual identity.

I behold all persons as sons of God.

☛ *Ye are all sons of God, through faith, in Christ Jesus.*  
—GAL. 3:26.

I GIVE UP ALL TENDENCY TO CONDEMN MYSELF OR OTHERS. FREE FROM CONDEMNATION, I ABIDE IN LOVE AND SPIRITUAL VISION.

CONDEMNATION comes about through man's inclination to look at himself or others as imperfect or as needing criticism. Condemnation comes through the race belief that we improve ourselves by first seeing our faults, instead of visioning primarily our perfection.

When you condemn yourself you are looking at something in you that God did not create. God did not make you imperfect. If you have become so, you have brought this condition about through your own adverse belief and unholy vision. When you condemn another, you first of all assume that you have power to do so. But in Truth you have no right to see or call attention to another's imperfections.

You can relieve yourself of the habit of condemning others by training yourself to look only for the good. If you look for the child of God instead of the imperfect creation, you will find him.

✿ *When he giveth quietness, who then can condemn?*  
—JOB 34:29.

I ERASE FROM CONSCIOUSNESS ALL BELIEF IN AGE. THE RENEWING YOUTH OF SPIRIT VITALIZES AND INVIGORATES ME.

THE belief in age causes age to appear. Such a belief imprisons the mind; causes thought to stagnate and crystallize; and the body loses its lightness and resiliency. Belief in age weighs upon the thoughts and upon body action. Man should keep his mind charged with youth at all times; then the belief in age will pass him by. In fact such a belief will never come to one whose mind is youthful.

By renewing his consciousness man has power to renew his whole being. When belief in age is exchanged for belief in youth the body no longer grows old. It takes on the character of the youthful thought back of it.

Youth or age is entirely a matter of consciousness. We no longer think of a person as old because he has lived a long time. He is old or young according to his mind.

☛ *Ye have put off the old man with his doings, and have put on the new man, that is being renewed unto knowledge after the image of him that created him.*

—COL. 3:9, 10.

I CANNOT BE SEPARATED FROM GOD. GOD  
IN THE MIDST OF ME IS CONSTANTLY WITH  
ME.

WHEN A person feels that God is away from him and in some distant place, he does not know the truth about God. He thinks of God as did those of the Middle Ages who thought He was separated from them and residing in some geographical heaven.

God, the principle of love and truth, ever abides in the very heart of man's being. Man cannot be separated from God. When he loses consciousness of God's presence, he loses his consciousness of life; death results.

We find God is near to us when we turn toward Him in Truth. When we enter the high consciousness in which only God dwells, then we find God. We find all that is true and real about ourselves.

God constantly abides within man and all about him. The mystical presence of God in which man lives is but the radiance of God at the innermost part of man's being.

*Jehovah is nigh unto all them that call upon him,  
To all that call upon him in truth.*

—PSALMS 145:18.

# Monday

FEBRUARY 28

THERE IS NO PLACE IN MY CONSCIOUSNESS FOR EVIL THOUGHTS. THERE IS NO PLACE IN MY WORLD FOR THE APPEARANCE OF EVIL. GOD, THE GOOD, IS NOW MANIFEST IN MY MIND AND IN MY AFFAIRS.

EVIL is the projection of adverse thoughts. The evil that is manifested in a person's body or affairs results from evil thinking. If disease appears, then he may know that somewhere in his mind the disease-producing thought is lurking. If he believes in weakness, then weakness is manifested in the physical organism. If he believes in lack, injustice, or disorder, then such a condition becomes objectified in his affairs.

We must deny all belief in inharmony, disease, or lack. We must deny the very appearance of adversity. We make our denials in order to weed from consciousness the beliefs that are not in keeping with principle. We make affirmations in order to establish the truth in consciousness.

When we declare that only God, the good, can have a place in our mind or affairs we work with an immutable law.

☛ *Abhor that which is evil; cleave to that which is good.*—ROM. 12:9.



FEBRUARY 29

Tuesday

I DO NOT BELIEVE THAT ANYONE IS UNJUST TO ME. I REST SECURE IN THE ALL-POWERFUL JUSTICE OF GOD.

HOW unfortunate is the one who thinks that things are against him, that persons are trying to deal unjustly with him! He can very easily bring himself and his affairs under the spell of injustice by mesmerizing himself with such a belief.

Injustice results entirely from one's own consciousness of injustice. When this is transformed into a consciousness of right and justice there can be no injustice manifest in his affairs.

The person who imagines he is unjustly treated little suspects the identity of the person who is holding him in bondage. How little he suspects that it is he himself that is doing the harm!

The consciousness of God's all-powerful justice will correct every seeming appearance of injustice. God is powerful to adjust every circumstance and to right every situation. No harm can come to us if we are established in the knowledge of Truth. Justice will prevail at all times.

✿ *I will sing of lovingkindness and justice.*—PSALMS 101:1.

# Are You Practical about Your Affairs?

Some people believe they are being practical when they utilize every thought and thing for material gain. Such an attitude is really not as practical as it might seem to be, because it overlooks the spiritual laws that govern divine supply.

God is the source of supply for man's every need, and if man puts his faith in outer things he is missing the opportunity to work with the greatest power there is. If you desire to be practical in handling your affairs, you must look to God for guidance and supply.

If in a practical way you would like to follow a definite program for bringing God's good into your life, try the Unity Prosperity Bank plan. Thousands have proved that this practical, scientific prayer plan works. As you use the daily Bank drill Silent Unity prays with you. A part of the Bank plan is the daily blessing of a portion of your substance and using it to help spread the Truth message by sending DAILY WORD to your friends.

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Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

1. Name .....

Street .....

City ..... State .....

2. Name .....

Street .....

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3. Name .....

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*Trust in Jehovah with all thy heart,  
And lean not upon thine own understanding:  
In all thy ways acknowledge him,  
And he will direct thy paths.—Prov. 3:5, 6.*

## A CONSTRUCTIVE

# Lenten Program for 1944

When you observe Lent this year observe it the constructive Unity way. If you need discipline renounce some pleasure or privilege, if you wish, but above all make the Lenten season a time of special effort to acknowledge your oneness with God.

Through daily prayer you can find the way to "acknowledge him" and receive divine understanding whereby you may be directed in all your paths. To help you know and receive spiritual direction through prayer, Unity recommends the study of the book **TEACH US TO PRAY** during the Lenten season.

Charles and Cora Fillmore, coauthors of **TEACH US TO PRAY**, have written extensively on the subject of scientific prayer, and this book reflects their wealth of understanding of prayer as a means of uniting with God's unlimited power. Some of the lessons in **TEACH US TO PRAY** are:

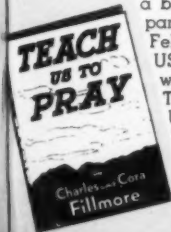
**Prosperity through Prayer**

**Joyous Prayer**

**Not Magic but Law**

**Spiritual Unfoldment Makes Man Master**

To aid you in your study of **TEACH US TO PRAY** a booklet, **The Unity Lenten Program**, has been prepared, for which there is no charge. Lent begins February 23, so now is the time to order **TEACH US TO PRAY** and to receive the booklet that goes with it. If you already have a copy of **TEACH US TO PRAY** you may still have the free copy of **The Unity Lenten Program** by requesting it. **TEACH US TO PRAY** is \$1 in cloth; \$2 in flexible binding.



**UNITY SCHOOL OF CHRISTIANITY,  
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| 2. Life       | 12. Praise       | 22. Healing    |
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| 8. Good       | 18. Calmness     | 28. No Evil    |
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